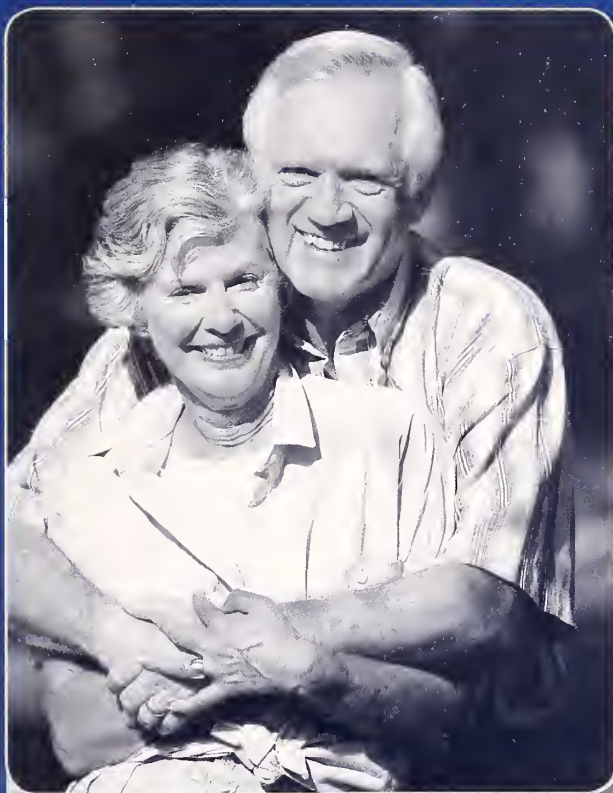


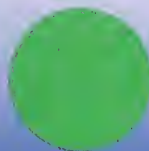


# YOUR MEDICARE BENEFITS



**This official government guide  
has important information  
about:**

- The services and supplies Original Medicare covers
- How much you pay
- Where to get more information



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CENTERS FOR MEDICARE & MEDICAID SERVICES

# ABOUT THIS BOOK

**T**his booklet describes the health care services and supplies that Medicare covers, and how to get those benefits through Medicare Part A (Hospital Insurance) and Medicare Part B (Medical Insurance). It includes:

- What specific benefits you can get and when
- How much Medicare pays for each service and how much you pay
- Where to get help with any questions you may have

**The Affordable Care Act makes many improvements to Medicare, including many of the preventive services included in this booklet.**

If you have a question about a test, item, or service that isn't listed in this booklet, visit [www.medicare.gov](http://www.medicare.gov), or call 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048. "Your Medicare Benefits" lists many, but not all, of the items and services that Medicare covers.

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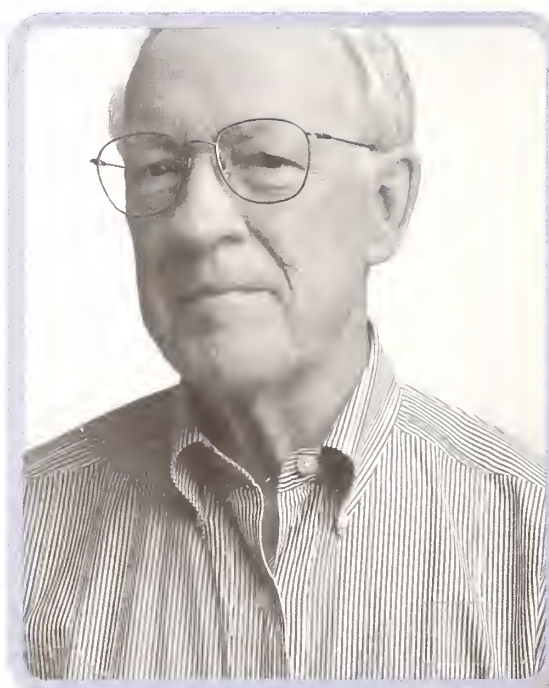
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## SECTION

# 2

## What Original Medicare Covers

The information starting on the next page explains:

- Services and supplies covered by Original Medicare
- Conditions and limits for coverage
- How much you pay

**As you read this booklet, keep these 2 points in mind:**

1. Unless otherwise noted, in 2013, you pay a yearly \$147 deductible for Part B-covered services and supplies before Medicare begins to pay its share, depending on the service or supply.
2. Depending on the service or supply, actual amounts you pay may be higher if doctors, other health care providers, or suppliers don't accept assignment.



### Preventive Services

Preventive services help you stay healthy. There's a picture of an apple next to each preventive service that Medicare covers. Talk with your doctor about which preventive services are right for you.

Words in **blue** are defined on pages 59–61.

**Assignment** is an agreement by your doctor, provider, or supplier to be paid directly by Medicare, to accept the amount Medicare approves for the service as payment in full, and not to bill you for any more than the Medicare deductible and coinsurance.

Doctors who don't accept assignment may charge you more than the Medicare-approved amount for a service, but they can't charge more than 15% over the Medicare fee schedule amount. This is called "the limiting charge." The limiting charge applies only to certain services and doesn't apply to some supplies and durable medical equipment.

If you disagree with a Medicare coverage or payment decision, you have the right to appeal. For information on how to file an appeal, see your "Medicare & You" handbook, or visit [www.medicare.gov/appeals](http://www.medicare.gov/appeals).

**The information about services and supplies listed in these charts applies to all people with Original Medicare.** If you have a Medicare Advantage Plan (like an HMO or PPO) or another Medicare health plan, you have the same basic benefits, but the rules vary by plan. Some services and supplies may not be listed because the coverage depends on where you live. To find out more, visit [www.medicare.gov](http://www.medicare.gov), or call 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048.

## A

### Abdominal aortic aneurysm screening

Part B covers a one-time abdominal aortic aneurysm ultrasound for people at risk. You're considered at risk if you have a family history of abdominal aortic aneurysms, or you're a man 65 to 75 and have smoked at least 100 cigarettes in your lifetime. Medicare only covers this screening if you get a referral for it from your doctor as a result of your "Welcome to Medicare" preventive visit. See page 45.

**In 2013, you pay NOTHING** for this screening if the doctor or other qualified health care provider accepts assignment.

### Acupuncture

Medicare doesn't cover acupuncture.

## Alcohol misuse screening & counseling

Part B covers one alcohol misuse screening per year for adults with Medicare (including pregnant women) who use alcohol, but don't meet the medical criteria for alcohol dependency. If your primary care doctor or other primary care practitioner determines you're misusing alcohol, you can get up to 4 brief face-to-face counseling sessions per year (if you're competent and alert during counseling). A qualified primary care doctor or other primary care practitioner must provide the counseling in a primary care setting (like a doctor's office).

**In 2013, you pay NOTHING** for this screening if the qualified primary care doctor or other primary care practitioner accepts assignment. There's no coinsurance or deductible for this preventive service.

## Ambulance services

Part B covers ground ambulance transportation when you need to be transported to a hospital, critical access hospital, or skilled nursing facility for medically necessary services, and transportation in any other vehicle could endanger your health. Medicare may pay for emergency ambulance transportation in an airplane or helicopter to a hospital if you need immediate and rapid ambulance transportation that ground transportation can't provide.

In some cases, Medicare may pay for limited, medically necessary non-emergency ambulance transportation if you have a written order from your doctor saying that ambulance transportation is medically necessary. Medicare will only cover ambulance services (ground or air) to the nearest appropriate medical facility that's able to give you the care you need.

**In 2013, you pay 20%** of the Medicare-approved amount, and the Part B deductible applies. All ambulance suppliers must accept assignment.

## Ambulatory surgical centers

Part B covers the facility services furnished in connection with covered surgical procedures provided in an ambulatory surgical center (facility where surgical procedures are performed, and the patient is expected to be released within 24 hours).

**In 2013, you pay 20%** of the Medicare-approved amount, except for certain preventive services for which you pay nothing. The Part B deductible applies. You pay all facility service fees for procedures Medicare doesn't cover in ambulatory surgical centers.



## Anesthesia

Part A covers anesthesia services provided by a hospital for an inpatient.

Part B covers anesthesia services provided by a hospital for an outpatient or by a freestanding ambulatory surgical center for a patient.

**In 2013, you pay 20% of the Medicare-approved amount** for the anesthesia services provided by a doctor or certified registered nurse anesthetist. The anesthesia service must be associated with the underlying medical or surgical service, and you may have to pay a copayment.

## Artificial limbs & eyes

Part B covers artificial limbs and eyes when ordered by a doctor.

**In 2013, you pay 20% of the Medicare-approved amount**, and the Part B deductible applies.

# B

## Blood

Part A covers blood you get as a hospital inpatient. Part B covers blood you get as a hospital outpatient.

**In 2013, you pay** either the provider customary charges for the first 3 units of blood you get in a calendar year, or you must arrange (with limited exceptions) to have the blood replaced (donated by you or someone else) if the provider has to buy blood for you. In general, if the provider doesn't have to pay the blood bank for the blood, you won't have to pay for it or arrange for it to be replaced.

## Blood processing & handling

Hospitals generally charge for blood processing and handling for each unit of blood you got, whether the blood is donated or purchased. Part A covers this service for an inpatient. Part B covers this service for an outpatient.

**In 2013, you pay** a copayment for blood processing and handling services for each unit of blood you get as a hospital outpatient.



## Bone mass measurement (bone density)

Part B covers this test, which helps to see if you're at risk for broken bones, when ordered by a doctor or other qualified provider if you meet one or more of these conditions:

### Women

- Your doctor determines you're estrogen deficient and at risk for osteoporosis, based on your medical history and other findings.

### Men & women

- Your X-rays show possible osteoporosis, osteopenia, or vertebral fractures.
- You're taking prednisone or steroid-type drugs or are planning to begin this treatment.
- You've been diagnosed with primary hyperparathyroidism.
- You're being monitored to see if your osteoporosis drug therapy is working.

The test is covered once every 24 months (more often if medically necessary) for people who meet the criteria above.

**In 2013, you pay NOTHING** for this test if the doctor or other qualified health care provider accepts assignment.

## Braces (arm, leg, back, & neck)

Part B covers arm, leg, back, and neck braces.

**In 2013, you pay 20%** of the Medicare-approved amount, and the Part B deductible applies.

## Breast prostheses

Part B covers external breast prostheses (including a post-surgical bra) after a mastectomy. Part A covers surgically implanted breast prostheses after a mastectomy if the surgery takes place in an inpatient setting, and Part B covers the surgery if it takes place in an outpatient setting.

**In 2013, you pay 20%** of the Medicare-approved amount for the doctor's services and the external breast prostheses. For surgeries to implant breast prostheses in a hospital inpatient setting covered under Part A, see Hospital care (inpatient) on page 34. For surgeries to implant breast prostheses in a hospital outpatient setting covered under Part B, see Outpatient hospital services on page 39.



## Canes/crutches

Part B covers canes and crutches. Medicare doesn't cover white canes for the blind. For more information, see Durable medical equipment on pages 25–26.

**In 2013, you pay 20% of the Medicare-approved amount.**

## Cardiac rehabilitation program

Part B covers comprehensive programs that include exercise, education, and counseling for patients whose doctor referred them and who had any of these:

- A heart attack in the last 12 months
- Coronary artery bypass surgery
- Current stable angina pectoris (chest pain)
- A heart valve repair or replacement
- A coronary angioplasty (a medical procedure used to open a blocked artery) or coronary stenting (a procedure used to keep an artery open)
- A heart or heart-lung transplant

Part B also covers intensive cardiac rehabilitation (ICR) programs that, like regular cardiac rehabilitation (CR) programs, include exercise, education, and counseling for patients whose doctor referred them and who had any of the conditions listed above. ICR programs are typically more rigorous or more intense than CR programs. These programs may be provided in a hospital outpatient setting (including a [critical access hospital](#)) or in a doctor's office.

**In 2013, you pay 20% of the Medicare-approved amount if you get the services in a doctor's office. In a hospital outpatient setting, you pay the hospital a copayment. The Part B deductible applies.**

## Cardiovascular disease (behavior therapy)

Medicare covers one visit per year with your primary care doctor in a primary care doctor's office or primary care clinic to help lower your risk for cardiovascular disease. During this visit, your doctor may discuss aspirin use (if appropriate), check your blood pressure, and give you tips to make sure you're eating well.

**In 2013, you pay NOTHING if the doctor or other qualified health care provider accepts assignment.**

## Cardiovascular screenings

Part B covers screening blood tests for cholesterol, lipid, and triglyceride levels every 5 years. These screening tests help detect conditions that may lead to a heart attack or stroke.

**In 2013, you pay NOTHING** for the tests, and the Part B deductible doesn't apply. You generally pay 20% of the Medicare-approved amount for the doctor's visit.

## Cervical & vaginal cancer screenings

Part B covers Pap tests and pelvic exams to check for cervical and vaginal cancers. As part of the exam, Medicare also covers a clinical breast exam to check for breast cancer. Medicare covers these screening tests once every 24 months. Medicare covers these screening tests once every 12 months if you're at high risk for cervical or vaginal cancer or if you're of child-bearing age and had an abnormal Pap test in the past 36 months.

**In 2013, you pay NOTHING** for the lab Pap test, and the Part B deductible doesn't apply. You also pay nothing for the Pap test specimen collection and pelvic and breast exams if the doctor accepts assignment. The Part B deductible doesn't apply.

## Chemotherapy

Part A covers chemotherapy for cancer patients who are hospital inpatients. Part B covers chemotherapy for hospital outpatients or patients in a doctor's office or freestanding clinic.

**In 2013, you pay** a copayment for chemotherapy covered under Part B in a hospital outpatient setting. For chemotherapy given in a doctor's office or freestanding clinic, you pay 20% of the Medicare-approved amount. For chemotherapy in the hospital inpatient setting covered under Part A, see Hospital care (inpatient) on page 34.

## Chiropractic services

Part B covers manipulation of the spine if to correct a subluxation (when one or more of the bones of your spine move out of position) when provided by a chiropractor or other qualified provider.

**In 2013, you pay** 20% of the Medicare-approved amount, and the Part B deductible applies. You pay all costs for any other services or tests ordered by a chiropractor (including X-rays and massage therapy).

## Clinical research studies

Clinical research studies test different types of medical care, like how well a cancer drug works. These studies help doctors and researchers see if a new treatment works and if it's safe. Part A and/or Part B cover some costs, like office visits and tests, in certain qualifying clinical research studies.

**In 2013, you may have to pay 20% of the Medicare-approved amount**, depending on the treatment you get. The Part B deductible may apply.

## Colorectal cancer screening

Part B covers several types of colorectal cancer screening tests to help find precancerous growths or find cancer early, when treatment is most effective. All people 50 or older with Medicare are covered. However, there's no minimum age for having a colonoscopy. One or more of these tests may be covered:

**Barium enema:** When this test is used instead of a flexible sigmoidoscopy or colonoscopy, Medicare covers the test once every 48 months for people 50 or older and once every 24 months for people at high risk for colorectal cancer.

**In 2013, you pay 20% of the Medicare-approved amount for the doctor's services.** In a hospital outpatient setting, you also pay a copayment. The Part B deductible doesn't apply. If this screening test results in the biopsy or removal of a lesion or growth during the same visit, the procedure is considered diagnostic and you may have to pay coinsurance or a copayment, but the Part B deductible doesn't apply.

**Colonoscopy:** Medicare covers this test once every 24 months if you're at high risk for colorectal cancer. If you aren't at high risk for colorectal cancer, Medicare covers the test once every 120 months, or 48 months after a previous flexible sigmoidoscopy. There's no minimum age.

**In 2013, you pay NOTHING for this test if the doctor accepts assignment.**

If a screening test results in the biopsy or removal of a lesion or growth during the same visit, the procedure is considered diagnostic and you may have to pay coinsurance or a copayment, but the Part B deductible doesn't apply.



## Colorectal cancer screening (continued)

**Fecal occult blood test:** Medicare covers this lab test once every 12 months for people 50 or older.

**In 2013, you pay NOTHING** for this test, but you generally have to pay 20% of the Medicare-approved amount for the doctor's visit. The Part B deductible doesn't apply for the test.

**Flexible sigmoidoscopy:** Medicare covers this test once every 48 months for most people 50 or older. If you aren't at high risk, Medicare covers this test 120 months after a previous screening colonoscopy.

**In 2013, you pay NOTHING** if the doctor or other qualified health care provider accepts assignment, and the Part B deductible doesn't apply.

If a screening test results in the biopsy or removal of a lesion or growth during the same visit, the procedure is considered diagnostic and you may have to pay coinsurance or a copayment, but the Part B deductible doesn't apply.

## Commode chairs

Part B covers commode chairs that your doctor orders for use in your home if you're confined to your bedroom. For more information, see Durable medical equipment on pages 25–26.

**In 2013, you pay 20%** of the Medicare-approved amount.

## Cosmetic surgery

Medicare generally doesn't cover cosmetic surgery unless it's needed because of accidental injury or to improve the function of a malformed body part. Medicare covers breast reconstruction if you had a mastectomy because of breast cancer.

## Custodial care (help with activities of daily living, like bathing, dressing, using the bathroom, and eating)

Medicare doesn't cover custodial care when it's the only kind of care you need. Care is considered custodial when it helps you with activities of daily living or personal needs and could be done safely and reasonably by people without professional skills or training.



## Defibrillator (implantable automatic)

Part A or Part B covers defibrillators for certain people diagnosed with heart failure, depending on whether the surgery takes place in a hospital inpatient or outpatient setting.

**In 2013, you pay 20% of the Medicare-approved amount** for the doctor's services. If covered by Part B, the Part B deductible applies. If you get the device as a hospital outpatient, you also pay the hospital a copayment, but no more than the Part A hospital stay deductible. For surgeries to implant defibrillators in the hospital inpatient setting covered under Part A, see Hospital care (inpatient) on page 34.

## Dental services

Medicare doesn't cover routine dental care or most dental procedures or supplies, like cleanings, fillings, tooth extractions, dentures, dental plates, or other dental devices. Part A will pay for certain dental services that you get when you're in a hospital. Part A can pay for hospital stays if you need to have emergency or complicated dental procedures, even though the dental care isn't covered.

## Depression screening

Part B covers one depression screening per year. The screening must be done in a primary care setting (like a doctor's office) that can provide follow-up treatment and/or referrals.

**In 2013, you pay NOTHING** for this screening if the doctor accepts assignment. If you get the depression screening and another service, you may need to pay 20% of the Medicare-approved amount for the other service.

## Diabetes screenings

Part B covers screenings to check for diabetes. These tests are covered if you have any of these risk factors:

- High blood pressure (hypertension)
- History of abnormal cholesterol and triglyceride levels (dyslipidemia)
- Obesity
- A history of high blood sugar (glucose)



## Diabetes screenings (continued)

Medicare also covers these tests if 2 or more of the following apply to you:

- Age 65 or older
- Overweight
- Family history of diabetes (parents, brothers, sisters)
- A history of gestational diabetes (diabetes during pregnancy) or delivery of a baby weighing more than 9 pounds

Based on the results of these tests, you may be eligible for up to 2 diabetes screenings each year.

**In 2013, you pay NOTHING** for this test, but you generally have to pay 20% of the Medicare-approved amount for the doctor's visit. The Part B deductible doesn't apply.

## Diabetes services & supplies

Part B covers some diabetes supplies, including:

- Blood sugar (glucose) test strips
- Blood glucose testing monitors
- Lancet devices and lancets
- Glucose control solutions for checking test strip and monitor accuracy

There may be limits on how much or how often you get these supplies. For more information, see Durable medical equipment on pages 25–26.

**In 2013, you pay 20%** of the Medicare-approved amount, and the Part B deductible applies.

**Insulin:** Part B doesn't cover insulin (unless use of an insulin pump is medically necessary), insulin pens, syringes, needles, alcohol swabs, or gauze. Medicare Part D (Medicare prescription drug coverage) may cover insulin and certain medical supplies used to inject insulin, like syringes, gauze, and alcohol swabs. If you use an external insulin pump, insulin and the pump may be covered as durable medical equipment. See Durable medical equipment on pages 25–26.

**In 2013, you pay 100%** for insulin (unless used with an insulin pump, then you pay 20% of the Medicare-approved amount) and 100% for syringes and needles, unless you have Part D.

## Diabetes services & supplies (continued)

**Therapeutic shoes or inserts:** Part B covers therapeutic shoes or inserts for people with diabetes who have severe diabetic foot disease. The doctor who treats your diabetes must certify your need for therapeutic shoes or inserts. The shoes and inserts must be prescribed by a podiatrist (foot doctor) or other qualified doctor and provided by a podiatrist, orthotist, prosthetist, or pedorthist. Medicare helps pay for one pair of therapeutic shoes and inserts per calendar year. Shoe modifications may be substituted for inserts. Medicare covers the fitting of the shoes or inserts for the shoes.

**In 2013, you pay 20%** of the Medicare-approved amount, and the Part B deductible applies.

**If you get your diabetes supplies by mail,** the amount you pay may change starting in July 2013. From January through June 2013, you can get your supplies from any supplier, unless you live in a Durable Medical Equipment (DME) competitive bidding area (see page 27) that was part of the Round 1 rebid competitive bidding program. Starting in July 2013, you'll need to use a Medicare contract supplier for Medicare to pay for your mail-order diabetic testing supplies as part of the national mail-order program for diabetes supplies. This national mail-order program will help save you money.

**Medicare also covers these diabetes services:**

**Diabetes self-management training:** Part B covers diabetes outpatient self-management training to teach you to cope with and manage your diabetes. It includes tips for eating healthy, being active, monitoring blood sugar, taking medication, and reducing risks. If you've been diagnosed with diabetes, Medicare may cover up to 10 hours of initial diabetes self-management training. You may also qualify for up to 2 hours of follow-up training each year if these conditions are met:

- It's provided in a group of 2 to 20 people.\*
- It lasts for at least 30 minutes.
- It takes place in a calendar year after the year you got your initial training.
- Your doctor or a qualified provider ordered it as part of your plan of care.

\* Some exceptions apply if no group session is available or if your doctor or qualified provider says you have special needs that prevent you from participating in group training.

**In 2013, you pay 20%** of the Medicare-approved amount, and the Part B deductible applies.

## Diabetes services & supplies (continued)

**Medicare also covers these diabetes services:**

**Yearly eye exam:** Part B covers a yearly eye exam for diabetic retinopathy by an eye doctor who is legally allowed to do the test in your state.

**In 2013, you pay 20%** of the Medicare-approved amount for the doctor's services, and the Part B deductible applies. In a hospital outpatient setting, you pay a copayment.

**Foot exam:** Part B covers a foot exam every 6 months for people with diabetic peripheral neuropathy and loss of protective sensations, as long as you haven't seen a foot care professional for another reason between visits.

**In 2013, you pay 20%** of the Medicare-approved amount for the doctor's services, and the Part B deductible applies. In a hospital outpatient setting, you pay a copayment.

**Glaucoma tests:** See page 29.

**Nutrition therapy services (medical):** See page 38.

## Diagnostic tests, X-rays, & clinical laboratory services

Part B covers diagnostic tests, like CT scans, MRIs, EKGs, and X-rays, when your doctor or health care provider orders them as part of treating a medical problem. Medicare also covers medically necessary clinical diagnostic laboratory services ordered by your treating doctor or practitioner. Diagnostic tests and laboratory services are done to help your doctor diagnose or rule out a suspected illness or condition. Medicare also covers some preventive tests and screenings to help prevent, find, or manage a medical problem. For more information, see Preventive services on page 44.

**In 2013, you pay 20%** of the Medicare-approved amount for covered diagnostic tests and X-rays done in a doctor's office or in an independent testing facility. You pay a copayment for diagnostic tests and X-rays done in the hospital outpatient setting. You generally pay nothing for Medicare-covered clinical diagnostic laboratory services, and the Part B deductible doesn't apply.

## Dialysis (kidney) services & supplies

Medicare covers many kidney dialysis services and supplies for people with End-Stage Renal Disease (ESRD) (permanent kidney failure requiring dialysis or a kidney transplant). All kidney dialysis services and supplies used to provide outpatient maintenance dialysis treatment are provided (directly or under arrangement) and billed by your dialysis facility.

**Inpatient dialysis treatments:** Part A covers dialysis if you're admitted to the hospital for special care. See Hospital care (inpatient) on page 34.

**Outpatient maintenance dialysis treatments:** Part B covers a variety of dialysis services if you get routine maintenance dialysis from a Medicare-certified dialysis facility. For example, Part B covers ESRD-related laboratory tests and medications (like heparin, topical anesthetics, and erythropoiesis-stimulating agents used to treat anemia related to your ESRD), but excludes ESRD-related medications that only have an oral form of administration (drugs taken by mouth that only come in capsule, tablet, or liquid forms), which are covered only under Part D.

Outpatient maintenance dialysis treatments include the cost of dialysis drugs and biologicals (except ESRD-related medications that only have an oral form of administration, which are covered only under Part D). **In 2013, you pay** 20% of the Medicare-approved amount for each dialysis treatment given in a dialysis facility or at home. Only dialysis facilities can bill Medicare for providing (directly or under arrangement) home dialysis training.

**Training for home dialysis:** Part B covers training if you're a candidate for home dialysis. Part B covers training conducted during the course of your regular treatments for you and the person helping you with your home dialysis treatments. The training must be conducted by a dialysis facility that has been certified by Medicare to provide home dialysis training.

The cost of home training is included as part of the outpatient maintenance dialysis treatment. **In 2013, you pay** 20% of the Medicare-approved amount for the outpatient maintenance dialysis treatment, and the Part B deductible applies.

**Home dialysis equipment, supplies, & support services:** Part B covers all kidney dialysis equipment and supplies including alcohol, wipes, dialysis machines, sterile drapes, rubber gloves, and scissors. Part B also covers home dialysis support services provided by your dialysis facility. Home dialysis support services can include periodic visits by trained dialysis workers to check on your home dialysis, to help in dialysis emergencies when needed, and to check your dialysis equipment and hemodialysis water supply.



## Dialysis (kidney) services & supplies (continued)

The cost of home dialysis equipment, supplies, and support services are included as part of the outpatient maintenance dialysis treatment. **In 2013, you pay** 20% of the Medicare-approved amount for the outpatient maintenance dialysis treatment. Only dialysis facilities can bill Medicare for providing (directly or under arrangement) home dialysis support services.

## Doctor & other health care provider services

Part B covers medically necessary services or covered preventive services you get from your doctor in his or her office, a hospital, a skilled nursing facility, your home, or other settings. A doctor can be a medical doctor (MD), a doctor of osteopathy (DO), or, in some cases, a dentist, podiatrist (foot doctor), optometrist (eye doctor), or chiropractor. Medicare also covers services provided by other health care providers, like physician assistants, nurse practitioners, clinical nurse specialists, clinical social workers, physical and occupational therapists, speech language pathologists, and clinical psychologists.

**In 2013, you pay** 20% of the Medicare-approved amount, except for certain preventive services (for which you may pay nothing if the doctor or other provider accepts assignment). Medicare covers yearly “Wellness” visits and a one-time “Welcome to Medicare” preventive visit. See page 45. Medicare covers some preventive tests and screenings. See Preventive services on page 44.

## Drugs

See Prescription drugs (outpatient) on pages 42–43.

## Durable medical equipment (DME)

Part B covers durable medical equipment (DME) that your doctor prescribes for use in your home. Only your doctor can prescribe medical equipment for you. DME meets these criteria:

- Durable (long lasting)
- Used for a medical reason
- Not usually useful to someone who isn’t sick or injured
- Used in your home

In certain circumstances, the DME that Medicare covers includes, but isn’t limited to:

- Air-fluidized beds
- Blood sugar monitors and diabetic testing strips

### Durable medical equipment (DME) (continued)

- Canes (however, white canes for the blind aren't covered)
- Commode chairs
- Crutches
- Home oxygen equipment and supplies
- Hospital beds
- Infusion pumps (and some medicines used in infusion pumps if considered reasonable and necessary)
- Nebulizers (and some medicines used in nebulizers if considered reasonable and necessary)
- Patient lifts (to lift patient from bed or wheelchair by hydraulic operation)
- Suction pumps
- Traction equipment
- Walkers
- Wheelchairs

Make sure your doctor or supplier is enrolled in Medicare. Doctors and other suppliers have to meet strict standards to enroll and stay enrolled in Medicare. If your doctor or supplier isn't enrolled, Medicare won't pay the claim submitted by your doctor or supplier. It's also important to ask your supplier if it participates in Medicare before you get DME. If the supplier is a participating supplier, it must accept assignment (that is, they're limited to charging you only coinsurance and the Part B deductible on the Medicare-approved amount). If the supplier is enrolled in Medicare but isn't "participating," it may choose not to accept assignment (so there would be no limit on the amount they can charge you). To find suppliers who accept assignment, visit [www.medicare.gov/supplier](http://www.medicare.gov/supplier), or call 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048.

**In 2013, you pay 20% of the Medicare-approved amount for DME, and the Part B deductible applies.**

**Note:** Medicare pays for different kinds of DME in different ways: some equipment is rented, other equipment is purchased, and some equipment may be either rented or bought. If a DME supplier doesn't accept assignment, Medicare doesn't limit how much the supplier can charge you. You also may have to pay the entire bill (your share and Medicare's share) at the time you get the DME and then submit a claim for reimbursement.



## Durable medical equipment (DME) (continued)

Medicare has a program called the DME Competitive Bidding Program, which helps save you and Medicare money, and ensures that you get quality equipment, supplies, and services. **This program also helps limit fraud and abuse. To get certain items in some areas of the country, you must use specific suppliers called “contract suppliers,” or Medicare won’t pay for the item and you likely will pay full price.**

**This program is effective in certain areas of these states:** California, Florida, Indiana, Kansas, Kentucky, Missouri, North Carolina, Ohio, Pennsylvania, South Carolina, and Texas. The program is scheduled to expand to 91 more areas around the country in July 2013. Medicare will provide more information before changes occur in those areas. Medicare is also starting a nationwide program for mail order diabetic testing supplies in July 2013 for **everyone** who gets their diabetic testing supplies delivered to their home. See page 22 for more information.

In the areas where the program is in effect, you’ll need to use specific suppliers for Medicare to pay for:

- Oxygen, oxygen equipment, and supplies
- Standard power wheelchairs, scooters, and related accessories
- Complex rehabilitative power wheelchairs and related accessories (Group 2 only)
- Mail-order diabetic supplies
- Enteral nutrients, equipment, and supplies
- Hospital beds and related accessories
- Continuous Positive Airway Pressure (CPAP) devices, Respiratory Assist Devices (RADs), and related supplies and accessories
- Walkers and related accessories
- Support surfaces including certain mattresses and overlays (some ZIP codes in Miami, Fort Lauderdale, and Pompano Beach, Florida only)

If you need DME or supplies, visit [www.medicare.gov/supplier](http://www.medicare.gov/supplier) to find Medicare-approved suppliers. If your ZIP code is in a competitive bidding area, the items included in the program are marked with an orange star. You can also call 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048.

# E

## EKG (electrocardiogram) screening

Part B covers a one-time screening EKG if you get a referral from your doctor or other health care provider as part of your one-time “Welcome to Medicare” preventive visit. See Preventive visits on page 45. An EKG is also covered as a diagnostic test. See page 23.

**In 2013, you pay** 20% of the Medicare-approved amount, and the Part B deductible applies. If you have the test at a hospital or a hospital-owned clinic, you also pay the hospital a copayment.

## Emergency department services

Part B covers emergency department services. Generally, emergency department services are provided when you have an injury, a sudden illness, or an illness that quickly gets much worse. Emergency services may be covered in foreign countries only in rare circumstances. For more information, see Travel on page 54.

**In 2013, you pay** a copayment for each emergency department visit and a copayment for each hospital service. You also pay 20% of the Medicare-approved amount for the doctor’s services, and the Part B deductible applies. If you’re admitted to the same hospital for a related condition within 3 days of your emergency department visit, you don’t pay the copayment because your visit is part of your inpatient stay.

## Equipment

See Durable medical equipment on pages 25–26.

## Eye exams

Medicare doesn’t cover routine eye exams (sometimes called “eye refractions”) for eyeglasses or contact lenses. Medicare covers some preventive and diagnostic eye exams:

- See Yearly eye exam under Diabetes services & supplies on page 23.
- See Glaucoma tests on page 29.
- See Macular degeneration on page 35.

## Eyeglasses/contact lenses

Generally, Medicare doesn't cover eyeglasses or contact lenses. However, following cataract surgery that implants an intraocular lens, Part B helps pay for corrective lenses (one pair of eyeglasses or one set of contact lenses).

**In 2013, you pay 100%** for non-covered services, including most eyeglasses or contact lenses. You pay 20% of the Medicare-approved amount for one pair of eyeglasses or one set of contact lenses after each cataract surgery with an intraocular lens, and the Part B deductible applies. You pay any additional cost for upgraded frames.



## Flu shots

Part B normally covers one flu shot per flu season in the fall or winter.

**In 2013, you pay NOTHING** for a flu shot if the doctor or other qualified health care provider accepts assignment for giving the shot, and the Part B deductible doesn't apply. If you get your flu shot from a doctor who doesn't accept assignment, you may have to pay an additional fee for the doctor's services, but not for the shot itself.

## Foot care

Part B covers podiatrist (foot doctor) services for medically necessary treatment of foot injuries or diseases (like hammer toe, bunion deformities, and heel spurs), but it doesn't cover routine foot care. See Therapeutic shoes (on page 22) and Foot exam under Diabetes services & supplies (on page 23).

**In 2013, you pay 100%** for routine foot care, in most cases. You pay 20% of the Medicare-approved amount for medically necessary treatment provided by a doctor, and the Part B deductible applies. In a hospital outpatient setting, you also pay a copayment for medically necessary treatment.



## Glaucoma tests

Part B covers a glaucoma test once every 12 months for people at high risk for glaucoma. You're at high risk if you have diabetes, a family history of glaucoma, are African American and 50 or older, or are Hispanic American and 65 or older. The screening must be done or supervised by an eye doctor who is legally allowed to do this test in your state.

**In 2013, you pay 20%** of the Medicare-approved amount, and the Part B deductible applies. In a hospital outpatient setting, you also pay a copayment.

# H

## Health education/wellness programs

Medicare generally doesn't cover health education and wellness programs. However, Medicare does cover medical nutrition therapy for people with diabetes or kidney disease, diabetes self-management training for people with diabetes (see page 22), counseling to stop smoking and tobacco use (see page 52), alcohol misuse screenings and counseling (see page 13), depression screenings (see page 20), a one-time "Welcome to Medicare" preventive visit (see page 45), and yearly "Wellness" visits (see page 45).

## Hearing & balance exams/hearing aids

Part B covers diagnostic hearing and balance exams if your doctor or other health care provider orders these tests to see if you need medical treatment. Medicare doesn't cover routine hearing exams, hearing aids, or exams for fitting hearing aids.

**In 2013, you pay 100%** for routine exams and hearing aids. You also pay 20% of the Medicare-approved amount for the doctor's services for covered exams, and the Part B deductible applies. In a hospital outpatient setting, you also pay the hospital a copayment.

## Hepatitis B shots

Part B covers these shots for people at high or medium risk for Hepatitis B. Your risk for Hepatitis B increases if you have hemophilia, End-Stage Renal Disease (ESRD) (permanent kidney failure requiring dialysis or a kidney transplant), diabetes, or certain conditions that lower your resistance to infection. Other factors may also increase your risk for Hepatitis B. Check with your doctor to see if you're at high or medium risk for Hepatitis B.

**In 2013, you pay NOTHING** for the shot if the doctor or other qualified health care provider accepts assignment, and the Part B deductible doesn't apply. If you get your Hepatitis B shot from a doctor who doesn't accept assignment, you may have to pay coinsurance for the doctor's services, but not for the shot itself.

## HIV screening

Part B covers HIV (Human Immunodeficiency Virus) screenings for people with Medicare at increased risk for the virus, who ask for the test, or who are pregnant. Medicare covers this test once every 12 months or up to 3 times during a pregnancy.

**In 2013, you pay NOTHING** for the test if the doctor or other qualified health care provider accepts assignment. The Part B deductible doesn't apply, but you generally pay 20% of the Medicare-approved amount for the doctor's visit.



## Home health services

You can use your home health benefits under Part A and/or Part B if you meet all of these conditions:

- You must be under the care of a doctor, and you must be getting services under a plan of care established and reviewed regularly by a doctor.
- You must need, and a doctor must certify that you need, one or more of these:
  - Intermittent skilled nursing care (other than just drawing blood)
  - Physical therapy
  - Speech-language pathology services
  - Continued occupational therapy
- The home health agency caring for you must be Medicare-certified.
- You must be homebound, and a doctor must certify that you're homebound. To be homebound means:
  - You have trouble leaving your home without help (like using a cane, wheelchair, walker, or crutches; special transportation; or help from another person) because of an illness or injury **OR**
  - Leaving your home isn't recommended because of your condition **AND**
  - You're normally unable to leave your home and leaving home is a major effort

A person may leave home for medical treatment or short, infrequent absences for non-medical reasons, like attending religious services. You can still get home health care if you attend adult day care.

**Note:** Home health services may also include medical social services, part-time or intermittent home health aide services, medical supplies for use at home, durable medical equipment (see pages 25–26), or injectable osteoporosis drugs.

**In 2013, you pay NOTHING** for all covered home health visits. You pay 20% of the Medicare-approved amount for Medicare-covered medical equipment.

## Home health services (continued)

### Osteoporosis drugs for women

Part A and Part B help pay for an injectable drug for osteoporosis in women who are eligible for Part B, meet the criteria for Medicare home health services, and have a bone fracture that a doctor certifies was related to post-menopausal osteoporosis. You must also be certified by a doctor as unable to learn or unable to give yourself the drug by injection, and that family and/or caregivers are unable or unwilling to give the drug by injection. Medicare covers the visit by a home health nurse to give the drug.

**In 2013, you pay 20% of the Medicare-approved amount** for the cost of the drug, and the Part B deductible applies. You pay nothing for the home health nurse visit to give the drug.

## Hospice care

Part A covers hospice care if you meet **all** of these conditions:

- You're eligible for Part A.
- Your doctor certifies that you're terminally ill and are expected to live 6 months or less.\*
- You accept palliative care (for comfort) instead of care to cure your illness.
- You sign a statement choosing hospice care instead of routine Medicare-covered benefits for your terminal illness.

Medicare will still pay for covered benefits for any health problems that aren't related to your terminal illness.

\* In a Medicare-approved hospice, nurse practitioners aren't permitted to certify the patient's terminal illness, but after a doctor certifies the illness, the nurse practitioner can serve in place of an attending doctor. You can continue to get hospice care as long as the hospice medical director or hospice doctor recertifies every 6 months that you continue to be terminally ill.



## Hospice care (continued)

Hospice care is usually given in your home. It includes these services when your doctor includes them in the plan of care for palliative care (for comfort) for your terminal illness and related condition(s):

- Doctor services
- Nursing care
- Medical equipment (like wheelchairs or walkers)
- Medical supplies (like bandages or catheters)
- Drugs for symptom control or pain relief (may need pay a small copayment)
- Hospice aide and homemaker services
- Physical and occupational therapy
- Speech-language pathology services
- Social work services
- Dietary counseling
- Grief and loss counseling for you and your family
- Short-term inpatient care (for pain and symptom management)
- Short-term respite care (may need to pay a small copayment)
- Any other Medicare-covered services needed to manage your pain and other symptoms related to your terminal illness, as recommended by your hospice team

\*Respite care is inpatient care given to a hospice patient so that the usual caregiver can rest. You can stay in a Medicare-approved facility, like a hospice facility, hospital, or nursing home, up to 5 days each time you get respite care.

**In 2013, you pay NOTHING** for hospice care. You may need to pay a copayment of no more than \$5 for each prescription drug and other similar product for pain relief and symptom control. You may need to pay 5% of the Medicare-approved amount for inpatient respite care. Your cost for respite care may range from \$5-\$12 per day. Medicare doesn't cover room and board when you get hospice care in your home or another facility where you live (like a nursing home). If your attending doctor isn't employed by the hospice, you pay your usual Part B deductible and coinsurance for his or her services.

If the hospice staff determines that you need short-term inpatient care in a hospice facility, hospital, or nursing home, or if your caregiver needs a short period of rest (see page 48), Medicare covers the costs for your room and board.

## Hospital bed

See Durable medical equipment on pages 25–26.

## Hospital care (inpatient)

Part A covers inpatient hospital care when **all** of these are true:

- A doctor makes an official order which says you need inpatient hospital care to treat your illness or injury.
- You need the kind of care that can be given only in a hospital.
- The hospital accepts Medicare.
- The Utilization Review Committee of the hospital approves your stay while you're in the hospital.

Medicare-covered hospital services include semi-private rooms, meals, general nursing, drugs as part of your inpatient treatment, and other hospital services and supplies. This includes care you get in acute care hospitals, critical access hospitals, inpatient rehabilitation facilities, long-term care hospitals, inpatient care as part of a qualifying clinical research study, and mental health care. See pages 36–37. This **doesn't** include private-duty nursing, a television or phone in your room (if there's a separate charge for these items), or personal care items, like razors or slipper socks. It also doesn't include a private room, unless medically necessary.

If you have Part B, it covers the doctors' services you get while you're in the hospital.

**In 2013, you pay** the following for each benefit period:

- Days 1–60: \$1,184 deductible.
- Days 61–90: \$296 coinsurance each day.
- Days 91 and beyond: \$592 coinsurance per each “lifetime reserve day” after day 90 for each benefit period (up to 60 days over your lifetime).
- Each day after the lifetime reserve days: all costs.
- Inpatient mental health care in a psychiatric hospital is limited to 190 days in a lifetime.

For Outpatient hospital services, see page 39.

# K

## Kidney (dialysis)

See Dialysis on pages 20–21.

## Kidney disease education

Medicare covers up to 6 sessions of kidney disease education services if you have Stage IV chronic kidney disease that will require dialysis or a kidney transplant, if your doctor or other health care provider refers you for the service, and when the service is given by a doctor, certain qualified non-doctor provider, or certain rural provider. Kidney disease education teaches you how to take the best possible care of your kidneys and gives you information you need to make informed decisions about your care.

**In 2013, you pay 20%** of the Medicare-approved amount per session if you get the service from a doctor or other qualified health care provider, and the Part B deductible applies.

# L

## Laboratory services (clinical)

Part B covers **medically necessary** clinical diagnostic laboratory services that are ordered by your treating doctor or practitioner. Laboratory tests include certain blood tests, urinalysis, tests on tissue specimens, and some screening tests. They must be provided by a laboratory that meets Medicare requirements. For more information, see Diagnostic tests, X-rays, & clinical laboratory services on page 23.

**In 2013, you generally pay NOTHING** for Medicare-covered clinical diagnostic laboratory services, and the Part B deductible doesn't apply.

# M

## Macular degeneration

Part B covers certain diagnostic tests and treatment of diseases and conditions of the eye for some patients with age-related macular degeneration (AMD), like lucentis, avastin, aflibercept, pegaptanib, and ocular photodynamic therapy with verteporfin (Visudyne®).

**In 2013, you pay 20%** of the Medicare-approved amount for the drug and the doctor's services, and the Part B deductible applies. In a hospital outpatient setting, you pay a copayment.

## Mammograms

Part B covers a **screening** mammogram once every 12 months (11 full months must have passed since the last screening) for all women with Medicare who are 40 or older. You can also get one baseline mammogram between 35–39.

**In 2013, you pay NOTHING** for the screening test if the doctor or other qualified health care provider accepts assignment.

Part B also covers **diagnostic** mammograms when medically necessary.

**In 2013, you pay 20%** of the Medicare-approved amount, and the Part B deductible applies.

## Medical nutrition therapy services

See Nutrition therapy services (medical) on page 38.

## Mental health care

Part A and Part B cover mental health services to help with conditions like depression and anxiety in a variety of settings

**Inpatient mental health care:** Part A covers mental health care services you get in a hospital that require you to be admitted as an inpatient. You can get these services either in a general hospital or a psychiatric hospital that only cares for people with mental health conditions. Medicare helps pay for inpatient mental health services in the same way it pays for all other inpatient hospital care.

**Note:** If you're in a freestanding psychiatric hospital, Medicare only helps pay for a total of 190 days of inpatient care during your lifetime.

**Outpatient mental health care:** Part B covers mental health services on an outpatient basis when provided by a doctor, clinical psychologist, clinical social worker, nurse practitioner, clinical nurse specialist, certified nurse-midwife, or physician assistant in a doctor or other health care provider's office or hospital outpatient department. What you'll pay depends on whether you're being diagnosed and monitored, or whether you're getting treatment.

**In 2013, you pay 20%** of the Medicare-approved amount for visits to a doctor or other health care provider to **diagnose** your condition or to **monitor** or change your prescriptions. The Part B deductible applies. If you get treatment services in a hospital outpatient clinic or hospital outpatient department, you may have to pay an additional copayment or coinsurance amount to the hospital. This amount will vary depending on the service provided, but will be between 20-40% of the Medicare-approved amount.



## Mental health care (continued)

**In 2013, you pay** 35% of the Medicare-approved amount for outpatient treatment of your condition (like individual or group psychotherapy) in a doctor or other health care provider's office or hospital outpatient department. This coinsurance amount for mental health services will go down to 20% of the Medicare-approved amount starting January 1, 2014.

**Partial hospitalization services:** Part B covers partial hospitalization services. Partial hospitalization services are provided under a partial hospitalization program, furnished by a hospital to its outpatients or by a community mental health center. A partial hospitalization program is a structured program of outpatient active psychiatric services that's more intense than the care you get in your doctor or therapist's office. To be eligible for partial hospitalization services, a doctor must certify that you would otherwise need inpatient treatment.

**In 2013, you pay** a percentage of the Medicare-approved amount for each service you get from a doctor or certain other mental health qualified professional (as described above in Outpatient mental health care). You also pay a copayment for each day of partial hospitalization services provided in a hospital outpatient setting or community mental health center, and the Part B deductible applies.

## N

### Non-doctor services

Part B covers certain services provided by certain health care professionals who aren't doctors, like physician assistants, nurse practitioners, clinical nurse specialists, clinical psychologists, and clinical social workers.

**In 2013, you pay** 20% of the Medicare-approved amount, except for certain preventive services for which you pay nothing, and certain outpatient mental health treatment services as noted on page 36. The Part B deductible applies.

### Nursing home care

Most nursing home care is custodial care, like help with bathing or dressing. Medicare doesn't cover custodial care if that's the only care you need. However, if it's medically necessary for you to have skilled care (like changing sterile dressings), Part A may pay for care given in a certified skilled nursing facility if you meet all of the applicable coverage requirements. See Skilled nursing facility care on pages 50-51.



## Nutrition therapy services (medical)

Part B may cover medical nutrition therapy services and certain related services if you have diabetes or kidney disease, or you've had a kidney transplant in the last 36 months, and your doctor or other health care provider refers you for the service. A registered dietitian or nutrition professional who meets certain requirements can provide these services. Services may include nutritional assessment, one-on-one counseling, and therapy services through an interactive telecommunications system. See Diabetes services & supplies on pages 21–23. If you get dialysis in a dialysis facility, Medicare covers medical nutrition therapy as part of your overall dialysis care.

**In 2013, you pay NOTHING** for these services if the doctor or other health care professional accepts assignment.

## Obesity screening & counseling

If you have a body mass index (BMI) of 30 or more, Medicare covers intensive counseling to help you lose weight. This counseling may be covered if you get it in a primary care setting (like a doctor's office), where it can be coordinated with your other care and a personalized prevention plan.

**In 2013, you pay NOTHING** for this service if the primary care doctor or other qualified primary care practitioner accepts assignment.

## Observation services

See Outpatient hospital services on page 39.

## Occupational therapy

See Physical therapy/occupational therapy/speech-language pathology on pages 40–41.

## Orthotics & artificial limbs

Part B covers artificial limbs and eyes, as well as arm, leg, back, and neck braces. Medicare doesn't pay for orthopedic shoes unless they're a necessary part of the leg brace. See Diabetes services & supplies (therapeutic shoes) on page 22. You must go to a supplier that's enrolled in Medicare for Medicare to cover your orthotics.

**In 2013, you pay 20%** of the Medicare-approved amount, and the Part B deductible applies.

## Ostomy supplies

Part B covers ostomy supplies for people who have had a colostomy, ileostomy, or urinary ostomy. Medicare covers the amount of supplies your doctor says you need, based on your condition.

**In 2013, you pay** 20% of the Medicare-approved amount for the doctor's services and supplies, and the Part B deductible applies.

## Outpatient hospital services

Part B covers **medically necessary** diagnostic and treatment services you get as an outpatient from a Medicare-participating hospital. Covered outpatient hospital services may include:

- Emergency or observation services which may include an overnight stay in the hospital, or services in an outpatient clinic, including same-day surgery
- Laboratory tests billed by the hospital
- Mental health care in a partial hospitalization program, if a doctor certifies that inpatient treatment would be required without it (see Partial hospitalization services on page 37)
- X-rays and other radiology services billed by the hospital
- Medical supplies, like splints and casts
- Screenings and **preventive services**
- Certain drugs and biologicals that you wouldn't usually give yourself

**In 2013, you generally pay** 20% of the Medicare-approved amount for the doctor or other health care provider's services, and the Part B deductible applies. For all other services, you also generally pay a **copayment** for each service you get in an outpatient hospital setting. You may pay more for services you get in a hospital outpatient setting than you would pay for the same care in a doctor's office. For some screenings and preventive services, **coinsurance**, copayments, and the Part B deductible don't apply (so you pay nothing).

## Oxygen therapy

Part B covers the rental of oxygen equipment. If you own your own equipment, Medicare will help pay for oxygen contents and supplies for the delivery of oxygen when **all** of these conditions are met:

- Your doctor says you have a severe lung disease or you're not getting enough oxygen
- Your health might improve with oxygen therapy
- Your arterial blood gas level falls within a certain range
- Other alternative measures have failed

Under the above conditions, Medicare helps pay for:

- Systems for furnishing oxygen
- Containers that store oxygen
- Tubing and related supplies for the delivery of oxygen and oxygen contents

**In 2013, you pay 20%** of the Medicare-approved amount, and the Part B deductible applies. If you live in certain areas of the country, you may have to use specific suppliers for Medicare to pay for oxygen, oxygen equipment, and supplies. See page 27 for more information on the DME Competitive Bidding Program.

## P

## Physical therapy/occupational therapy/speech-language pathology services

Part B helps pay for **medically necessary** outpatient physical and occupational therapy, and speech-language pathology services that are ordered by a physician. There are yearly limits on these services when you get them from most outpatient providers. These limits are called "therapy caps."

The therapy cap amounts for 2013 are:

- \$1,900 for physical therapy (PT) and speech language pathology (SLP) services combined
- \$1,900 for occupational therapy (OT) services

## Physical therapy/occupational therapy/speech-language pathology services (continued)

You may qualify for an exception so that Medicare will continue to pay its share for your therapy services after you reach the therapy cap limits. Your therapist must document your need for **medically necessary** services in your medical record, and your therapist's billing office must indicate on the **claim** for services above the therapy cap that your therapy services are medically necessary.

A Medicare contractor may review your medical records to check for medical necessity if you get outpatient therapy services in 2013 higher than these amounts:

- \$3,700 for PT and SLP combined
- \$3,700 for OT

In general, if your therapist provides documentation that your therapy services were medically reasonable and necessary, you won't have to pay for costs above the \$1,900 therapy cap limits. Your therapist must give you a written notice, called an "Advance Beneficiary Notice of Noncoverage" (ABN), before providing services that aren't medically reasonable and necessary. Medicare doesn't pay for therapy services that aren't medically reasonable and necessary. The ABN lets you to choose whether or not you want the therapy services. If you choose to get the services, you agree to pay for them if Medicare doesn't pay. If you get therapy services that aren't medically reasonable and necessary and Medicare doesn't pay for them, you won't have to pay for these services unless an ABN was given to you beforehand.

**In 2013, you pay 20% of the Medicare-approved amount, and the Part B deductible applies.**

For more information on therapy caps, visit [www.medicare.gov/coverage/pt-and-ot-and-speech-language-pathology.html](http://www.medicare.gov/coverage/pt-and-ot-and-speech-language-pathology.html).

## Pneumococcal shot

Part B covers a pneumococcal shot to help prevent pneumococcal infections (like certain types of pneumonia). Most people only need this preventive shot once in their lifetime. Talk with your doctor or other health care provider to see if you need this shot.

**In 2013, you pay NOTHING** for a pneumococcal shot. If your doctor or other qualified health care provider doesn't accept **assignment**, you may have to pay an additional fee for the doctor's services, but not for the shot itself.



## Prescription drugs (outpatient) limited coverage

Prescription drugs: Part B covers a limited number of outpatient prescription drugs under limited conditions. Drugs not covered under Part B may be covered under Part D (Medicare prescription drug coverage). Generally, drugs covered under Part B are drugs you wouldn't usually give to yourself, like those you get at a doctor's office or hospital outpatient setting. Doctors and pharmacies must accept **assignment** for Part B drugs, so you should never be asked to pay more than the **coinsurance** or **copayment** for the drug itself. The Part B **deductible** also applies.

Examples of drugs covered by Part B:

- **Drugs used with an item of durable medical equipment:** Medicare covers drugs infused through an item of durable medical equipment, like an infusion pump or drugs given by a nebulizer.
- **Some antigens:** Medicare will help pay for antigens if they're prepared by a physician and given by a properly instructed person (who could be the patient) under appropriate supervision.
- **Injectable osteoporosis drugs:** Medicare helps pay for an injectable drug for osteoporosis for certain women with Medicare. See note for women with osteoporosis under Home health services on page 31.
- **Erythropoiesis-stimulating agents:** Medicare will help pay for erythropoietin by injection if you have End-Stage Renal Disease (ESRD) (permanent kidney failure requiring dialysis or a kidney transplant) or need this drug to treat anemia related to certain other conditions.
- **Blood clotting factors:** If you have hemophilia, Medicare will help pay for clotting factors you give yourself by injection.
- **Injectable drugs:** Medicare covers most injectable and infused drugs given by a licensed medical provider.
- **Immunosuppressive drugs:** Medicare covers immunosuppressive drug therapy if you received an organ or tissue transplant for which Medicare made payments.

**Note:** Medicare Prescription Drug Plans may cover immunosuppressive drugs, even if Medicare didn't pay for the transplant. Part D also may cover other immunosuppressive drugs that aren't covered by Part B.



## Prescription drugs (outpatient) limited coverage (continued)

- **Oral cancer drugs:** Medicare will help pay for some cancer drugs you take by mouth if the same drug is available in injectable form or is a **prodrug** of the injectable drug. Currently, Part B covers these cancer drugs you take by mouth:
  - Capecitabine (Xeloda®)
  - Melphalan (Alkeran®)
  - Busulfan (Myleran®)
  - Temozolomide (Temodar®)
  - Cyclophosphamide
  - Topotecan (Hycamtin®)
  - Etoposide
  - Methotrexate (Trexall®)
  - Fludarabine Phosphate (Oforta®)

This list of cancer drugs is subject to change because Part B may cover new cancer drugs as they become available.

- **Oral anti-nausea drugs:** Medicare will help pay for oral anti-nausea drugs used as part of an anti-cancer chemotherapeutic regimen. The drugs must be administered immediately before, at, or within 48 hours after chemotherapy, and must be used as a full therapeutic replacement for the intravenous anti-nausea drugs that would otherwise be given.

**In 2013, you pay 20% of the Medicare-approved amount** for covered Part B prescription drugs that you get in a doctor's office or pharmacy, and the Part B deductible applies. In a hospital outpatient setting, you pay a **copayment**. However, if you get drugs that aren't covered under Part B in a hospital outpatient setting, you pay 100% for the drugs unless you have Part D or other prescription drug coverage. In that case, what you pay depends on whether your drug plan covers the drug, and whether the hospital is in your drug plan's network. Contact your prescription drug plan to find out what you pay for drugs you get in a hospital outpatient setting that aren't covered under Part B.

## Preventive services

Part B covers these preventive and screening services:

- Abdominal aortic aneurysm screening on page 12
- Alcohol misuse screening & counseling on page 13
- Bone mass measurement on page 15
- Cardiovascular disease (behavior therapy) on page 16
- Cardiovascular screenings on page 17
- Cervical & vaginal cancer screenings on page 17
- Colorectal cancer screening on pages 18–19
- Depression screening on page 20
- Diabetes screenings on pages 20–21
- Diabetes self-management training on page 22
- Flu shots on page 29
- Glaucoma tests on page 29
- Hepatitis B shots on page 30
- HIV screening on page 30
- Mammograms on page 36
- Nutrition therapy services (medical) on page 38
- Obesity screening & counseling on page 38
- Pneumococcal shots on page 41
- Prostate cancer screenings on page 46
- Sexually transmitted infections screening & counseling on page 49
- Tobacco use cessation counseling (counseling for people with no sign of tobacco-related disease) on page 52
- “Welcome to Medicare” preventive visit on page 45
- Yearly “Wellness” visit on page 45

## Preventive visits

Medicare covers 2 types of routine preventive visits: one when you're new to Medicare and one each year after that.

### **"Welcome to Medicare" preventive visit**

Part B covers a one-time "Welcome to Medicare" preventive visit. This visit includes a review of your medical and social history related to your health and education and counseling about **preventive services**, including certain screenings, shots, and **referrals** for other care, if needed.

**Important:** You must have the preventive visit within the first 12 months you have Part B. When you make your appointment, let your doctor's office know you would like to schedule your "Welcome to Medicare" preventive visit.

**In 2013, you pay NOTHING** for the visit if the doctor or other qualified health care provider accepts **assignment**.

### **Yearly "Wellness" visit**

If you've had Part B for longer than 12 months, you can get a yearly "Wellness" visit to develop or update a personalized prevention help plan to prevent disease and disability based on your current health and risk factors.

Your provider will ask you to fill out a questionnaire, called a "Health Risk Assessment," as part of this visit. Answering these questions can help you and your provider develop a personalized prevention plan to help you stay healthy and get the most out of your visit.

**In 2013, you pay NOTHING** for this visit if the doctor or other qualified health care provider accepts **assignment**. This visit is covered once every 12 months.

**Note:** Your first yearly "Wellness" visit can't take place within 12 months of your enrollment in Part B or your "Welcome to Medicare" preventive visit. However, even if you never had a "Welcome to Medicare" preventive visit, you can have a yearly "Wellness" visit after you'd had Part B for 12 months.

## Prostate cancer screenings

Part B covers prostate cancer screening tests once every 12 months for men with Part B who are over 50 (beginning the day after your 50th birthday). Covered screenings include:

### Digital rectal exam

**In 2013, you pay** 20% of the Medicare-approved amount for the digital rectal exam and for the doctor's services related to the exam, and the Part B deductible applies. In a hospital outpatient setting, you pay a copayment.

### Prostate specific antigen (PSA) test

**In 2013, you pay NOTHING** for the PSA blood test.

## Prosthetic devices

Part B covers prosthetic devices needed to replace a body part or function when ordered by a doctor or other health care provider enrolled in Medicare. Prosthetic devices include, for example, Medicare-approved corrective lenses needed after a cataract operation (see Eyeglasses/contact lenses on page 29), ostomy bags and certain related supplies (see Ostomy supplies on page 39), and breast prostheses (including a surgical bra) after a mastectomy (see Breast prostheses on page 15). You must go to a supplier that's enrolled in Medicare for Medicare to pay for your device. Part A or Part B covers surgically implanted prosthetic devices depending on whether the surgery takes place in an inpatient or outpatient setting.

**In 2013, you pay** 20% of the Medicare-approved amount for external prosthetic devices, and the Part B deductible applies. For surgeries to implant prosthetic devices in a hospital inpatient setting covered under Part A, see Hospital care (inpatient) on page 34. For surgeries to implant prosthetic devices in a hospital outpatient setting covered under Part B, see Outpatient hospital services on page 39.

## Pulmonary rehabilitation program

Medicare covers a comprehensive program of pulmonary rehabilitation if you have moderate to very severe chronic obstructive pulmonary disease (COPD) and have a referral for pulmonary rehabilitation from the doctor treating this chronic respiratory disease. These services are intended to help you breathe better, make you stronger, and be able to live more independently. These services may be provided in a doctor's office or a hospital outpatient setting that offers pulmonary rehabilitation programs.

**In 2013, you pay 20% of the Medicare-approved amount** if you get the service in a doctor's office. You also pay a **copayment** per session if you get the service in a hospital outpatient setting, and the Part B deductible applies.

## R

### Radiation therapy

Part A covers radiation therapy for patients who are hospital inpatients. Part B covers this therapy for outpatients or patients in freestanding clinics.

**In 2013, you pay the Part A deductible and coinsurance** (if applicable) as an inpatient.

**In 2013, you pay a set copayment** as an outpatient, and the Part B deductible applies.

**In 2013, you pay 20% of the Medicare-approved amount** for the therapy at a freestanding facility, and the Part B deductible applies.

### Religious nonmedical health care institution (RNHCI)

In RNHCIs, religious beliefs prohibit conventional and unconventional medical care, so if you qualify for hospital or skilled nursing facility care, Medicare will only cover the inpatient non-religious, non-medical items and services. Examples include room and board, or any items or services that don't require a doctor's order or prescription, like unmedicated wound dressings or use of a simple walker.

Medicare doesn't cover the religious portion of RNHCI care. However, Part A covers inpatient non-religious, non-medical care when these conditions are met:

- The RNHCI is currently certified to participate in Medicare.
- The RNHCI Utilization Review Committee agrees that you would require hospital or skilled nursing facility care if it weren't for your religious beliefs.



## Religious nonmedical health care institution (RNHCI) (continued)

- You have a written election on file with Medicare indicating that your need for RNHCI care is based on both your eligibility and religious beliefs. The election must also indicate that if you decide to accept standard medical care, you'll cancel the election and may have to wait 1–5 years (depending on how many times you may have previously revoked your election) to be eligible for a new election to get RNHCI services. Please note that you're always eligible to get medically necessary Part A services.

**In 2013**, for each benefit period **you pay**:

- Days 1–60: \$1,184 deductible.
- Days 61–90: \$296 coinsurance each day.
- Days 91–150: \$592 coinsurance each day.
- Beyond 150 days: all costs.

## Respite care (Inpatient)

Part A covers respite care for hospice patients. Respite care is inpatient care given to a hospice patient so that the usual caregiver can rest. See Hospice care on pages 32–33.

**In 2013**, **you pay** 5% of the Medicare-approved amount.

## Rural health clinic & federally qualified health center services

Part B covers a broad range of outpatient primary care and preventive services in rural health clinics and federally qualified health centers.

**In 2013**, **you generally pay** 20% of the charges. For services in a rural health clinic, the Part B deductible applies. However, there's no deductible for services in a federally qualified health center. You pay nothing for most preventive services.

## S

## Second surgical opinions

Part B covers second surgical opinions in some cases for surgery that isn't an emergency. A second opinion is when another doctor gives his or her view about your health problem and how it should be treated. Medicare also will help pay for a third opinion if the first and second opinions are different.

**In 2013, you pay 20%** of the Medicare-approved amount, and the Part B deductible applies.

## Sexually transmitted infections screening & counseling

Medicare covers sexually transmitted infection (STI) screenings for chlamydia, gonorrhea, syphilis and/or Hepatitis B. These screenings are covered for people with Part B who are pregnant and for certain people who are at increased risk for an STI when the tests are ordered by a primary care doctor or other primary care practitioner. Medicare covers these tests once every 12 months or at certain times during pregnancy.

Medicare also covers up to 2 individual 20 to 30 minute, face-to-face, high-intensity behavioral counseling sessions each year for sexually active adults at increased risk for STIs. Medicare will only cover these counseling sessions if they're provided by a primary care doctor or other primary care practitioner and take place in a primary care doctor's office or primary care clinic. Counseling conducted in an inpatient setting, like a skilled nursing facility, won't be covered as a preventive service.

**In 2013, you pay NOTHING** if the primary care doctor or primary care practitioner accepts assignment.

## Shots (vaccinations)

Part B covers:

- **Flu shots** on page 29
- **Hepatitis B shots** on page 30
- **Pneumococcal shots** on page 41

## Skilled nursing facility (SNF) care

Part A covers skilled care in a skilled nursing facility (SNF) under certain conditions for a limited time. Skilled care is health care given when you need skilled nursing or rehabilitation staff to manage, observe, and evaluate your care. Medicare covers certain skilled care services daily on a short-term basis (up to 100 days in a benefit period).

**In 2013, you pay** the following for each benefit period (following at least a 3-day medically necessary inpatient hospital stay for a related illness or injury):

- Days 1–20: \$0 each day.
- Days 21–100: up to \$148 each day.
- Beyond 100 days: 100% of all costs.

There's a limit of 100 days of Part A SNF coverage in each benefit period.

Medicare will cover SNF care if **all** these conditions are met:

1. You have Part A and have days left in your benefit period to use.
2. You have a qualifying inpatient hospital stay. This means an inpatient hospital stay of 3 consecutive days or more, including the day you're admitted to the hospital, but not including the day you leave the hospital.

**Note:** Time that you spend in a hospital as an outpatient before you're admitted doesn't count toward the 3 inpatient hospital days you need to have a qualifying inpatient hospital stay for SNF benefit purposes. Observation services aren't counted as part of the qualifying inpatient hospital stay.

You must enter the SNF within a short time (generally 30 days) of leaving the hospital and require skilled services related to your hospital stay. See item 5 below. After you leave the SNF, if you re-enter the same or another SNF within 30 days, you don't need another 3-day qualifying inpatient hospital stay to get additional SNF benefits. This is also true if you stop getting skilled care while in the SNF and then start getting skilled care again within 30 days.

3. Your doctor has decided that you need daily skilled care. It must be given by, or under the supervision of, skilled nursing or rehabilitation staff. If you're in the SNF for skilled rehabilitation services only, your care is considered daily care even if these therapy services are offered just 5 or 6 days a week, as long as you need and get the therapy services each day they're offered.
4. You get these skilled services in a SNF that's certified by Medicare.

## Skilled nursing facility (SNF) care (continued)

5. You need these skilled services for a medical condition that was either:

- A medical condition related to your hospital stay (any condition that was treated during your qualifying 3-day inpatient hospital stay, even if it wasn't the reason you were admitted to the hospital).
- A condition that started while you were getting care in the SNF for a medical condition related to your hospital stay. For example, if while you're getting SNF care for a stroke that was also treated during your qualifying 3-day inpatient hospital stay, you develop an infection that requires IV antibiotics, Medicare will cover your SNF care for treating the infection (as long as you also meet the conditions listed in items 1-4).

If you're getting care in a SNF that doesn't meet the conditions above, your stay won't be covered by Part A, but some services you get during a non-covered stay may be covered by Part B. However, any Part B therapy services (physical therapy, occupational therapy, and speech-language pathology) furnished during a non-covered stay in the Medicare-certified part of the facility must be billed by the facility itself. No other therapy service may be billed during the same time period by another setting, like an outpatient hospital clinic.

## Speech-language pathology

See Physical therapy/Occupational therapy/Speech-language pathology on page 40–41.

## Supplies (you use at home)

Part B generally doesn't cover common medical supplies like bandages and gauze. Medicare covers some diabetes and dialysis supplies. See Diabetes services & supplies on pages 23–23 and Dialysis (kidney) services & supplies on pages 24–25. For items like walkers, oxygen, and wheelchairs, see Durable medical equipment on pages 25–26.

**In 2013, you pay 100%** for most common medical supplies you use at home.

## Surgical dressing services

Part B covers **medically necessary** treatment of a surgical or surgically treated wound.

**In 2013, you pay 20%** of the Medicare-approved amount for the doctor or other health care provider's services. You pay a fixed **copayment** for these services when you get them in a hospital outpatient setting. You pay nothing for the supplies, and the Part B **deductible** applies.





## Telehealth

Part B covers certain services like office visits and consultations that are provided using an interactive 2-way telecommunications system (with real-time audio and video) by a doctor or certain other health care provider who isn't at your location. These services are available in some rural areas, under certain conditions, but only if the patient is located at one of these places: a doctor's office, hospital, critical access hospital, rural health clinic, federally qualified health center, hospital-based or critical access hospital-based dialysis facility, skilled nursing facility, or community mental health center.

**In 2013, you pay** 20% of the Medicare-approved amount for the doctor or other health care provider's services, and the Part B deductible applies.

## Therapeutic shoes

See Diabetes services & supplies (Therapeutic shoes) on page 22.

## Tobacco use cessation counseling (counseling to stop smoking or using tobacco products)

**If you use tobacco and you're diagnosed with an illness caused or complicated by tobacco use, or you take a medicine that's affected by tobacco,** Part B covers up to 8 face-to-face smoking and tobacco use cessation counseling visits in a 12-month period.

**In 2013, you pay NOTHING** for the counseling sessions if the doctor or other qualified health care provider accepts assignment.

**If you use tobacco and you're diagnosed with an illness caused or complicated by tobacco use, or you take a medicine that's affected by tobacco,** Part B covers up to 8 face-to-face smoking and tobacco use cessation counseling visits in a 12-month period.

**In 2013, you pay** 20% of the Medicare-approved amount for the doctor's services, and the Part B deductible applies. In a hospital outpatient setting, you pay the hospital a copayment.

## Transplants (doctor services)

Part B covers doctor services for certain organ transplants. See Transplants (facility charges) on the next page.

**In 2013, you pay** 20% of the Medicare-approved amount for the doctor's services, and the Part B deductible applies.



## Transplants (facility charges)

Part A covers services for heart, lung, kidney, pancreas, intestine, and liver transplants under certain conditions but only in a Medicare-approved facility. Part A also covers stem cell transplants under certain conditions. Part B covers cornea transplants and, under some conditions, stem cell transplants. Stem cell and cornea transplants aren't limited to approved facilities. Transplant coverage includes necessary tests and exams before surgery. It also includes immunosuppressive drugs (under certain conditions), follow-up care, and procurement of organs and tissues. Medicare pays for the costs for a living donor for a kidney transplant.

**In 2013, you pay** various amounts. For inpatient transplants, see Hospital care (inpatient) on page 34.

## Transportation (routine)

Medicare doesn't cover transportation to get health care unless an ambulance is necessary when other transportation could endanger your health. For more information, see Ambulance services on page 13.

## Travel (health care needed when traveling outside the U. S.)

Medicare generally doesn't cover health care while you're traveling outside the U.S. The 50 states, the District of Columbia, Puerto Rico, the U.S. Virgin Islands, Guam, the Northern Mariana Islands, and American Samoa are considered part of the U.S. There are some exceptions, including some cases where Part B may pay for services that you get on board a ship within the territorial waters adjoining the land areas of the U.S. Part A may pay for inpatient hospital, doctor, or ambulance services you get in a foreign country in these rare cases:

1. You're in the U.S. when an emergency occurs and the foreign hospital is closer than the nearest U.S. hospital that can treat your medical condition.
2. You're traveling through Canada without unreasonable delay by the most direct route between Alaska and another state when a medical emergency occurs and the Canadian hospital is closer than the nearest U.S. hospital that can treat the emergency.
3. You live in the U.S. and the foreign hospital is closer to your home than the nearest U.S. hospital that can treat your medical condition, regardless of whether an emergency exists.

## **Travel** (health care needed when traveling outside the U. S.) (continued)

Medicare may cover medically necessary ambulance transportation to a foreign hospital only with admission for medically necessary covered inpatient services.

**In 2013, you pay** 20% of the approved amount for the situations described above, and the Part B deductible applies.

## U

### **Urgently needed care**

Part B covers this care to treat a sudden illness or injury that isn't a medical emergency.

**In 2013, you pay** 20% of the Medicare-approved amount for the doctor's or other health care provider's services, and the Part B deductible applies. In a hospital outpatient setting, you also pay the hospital a copayment.

## W

### **Walker/wheelchair**

Part B covers power-operated vehicles (scooters), walkers, and wheelchairs as durable medical equipment that your doctor prescribes for use in your home. For more information, see Durable medical equipment on pages 25–26.

**Power wheelchair:** You must have a face-to-face examination and a written prescription from a doctor or other treating provider before Medicare helps pay for a power wheelchair.

**In 2013, you pay** 20% of the Medicare-approved amount, and the Part B deductible applies. If you live in certain areas of the country, you may have to use specific suppliers for Medicare to pay for standard power wheelchairs, scooters, and related accessories. See page 27 for more information on the DME Competitive Bidding Program.

## X

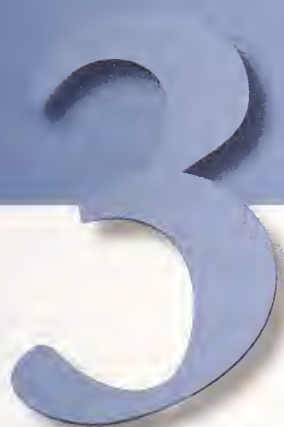
### **X-rays**

Part B covers medically necessary diagnostic X-rays that are ordered by your treating doctor or other health care provider. For more information, see Diagnostic tests, X-rays, & clinical laboratory services on page 23.

**In 2013, you pay** 20% of the Medicare-approved amount, and the Part B deductible doesn't apply. In a hospital outpatient setting, you pay a copayment.

## SECTION

## For More Information



### Visit [MyMedicare.gov](https://www.Medicare.gov) for personalized information

Register at [www.Medicare.gov](https://www.Medicare.gov), Medicare's secure online service for accessing your personal Medicare information. You can use this website to:

- Complete your “Initial Enrollment Questionnaire” (IEQ) so your bills get paid correctly.
- Manage your personal information (like medical conditions, allergies, and implanted devices).
- Manage your personal drug list and pharmacy information.
- Search for, add to, and manage a list of your favorite providers and access quality information about them.
- Track Original Medicare **claims** and your Part B **deductible** status.
- Order copies of your “Medicare Summary Notice” (MSN).

## **Visit [www.medicare.gov](http://www.medicare.gov) for general information about Medicare**

You can use this website to:

- Get detailed information about the Medicare health and prescription drug plans in your area, including what they cost and what services they provide.
- Find doctors or other health care providers and suppliers who participate in Medicare.
- See what Medicare covers, including preventive services.
- Get Medicare appeals information and forms.
- Get information about the quality of care provided by plans, nursing homes, hospitals, home health agencies, and dialysis facilities.
- Look up helpful websites and phone numbers.
- View or print detailed booklets and fact sheets on various Medicare topics.

## **Call 1-800-MEDICARE for answers to your Medicare questions**

The 1-800-MEDICARE (1-800-633-4227) helpline has a speech-automated system to make it easier for you to get the information you need 24 hours a day, including weekends. TTY users should call 1-877-486-2048.

The system will ask you questions to direct your call automatically. Speak clearly, call from a quiet area, and have your Medicare card in front of you. If you need help, you can say “Agent” at any time to talk to a customer service representative. If you need help in a language other than English or Spanish, say “Agent.”

**Note:** If you want Medicare to give your personal health information to someone other than you, you need to let Medicare know in writing. You can fill out a “Medicare Authorization to Disclose Personal Health Information” form. You can do this online by visiting [www.medicare.gov/medicareonlineforms](http://www.medicare.gov/medicareonlineforms), or by calling 1-800-MEDICARE to get a copy of the form.



## Other important contacts

Below are phone numbers and websites for organizations that provide nationwide services.

<b>State Health Insurance Assistance Program (SHIP)</b> —Get personalized Medicare counseling at no cost to you.	Visit <a href="http://www.medicare.gov/contacts">www.medicare.gov/contacts</a> , or call 1-800-MEDICARE (1-800-633-4227) for your SHIP's phone number. TTY users should call 1-877-486-2048.
<b>Social Security</b> —Get a replacement Medicare card, change your address or name, find out if you're eligible for Part A and/or Part B and how to enroll, apply for Extra Help with Medicare prescription drug costs, ask questions about premiums, and report a death.	1-800-772-1213. TTY 1-800-325-0778. <a href="http://www.socialsecurity.gov">www.socialsecurity.gov</a>
<b>Medicare Coordination of Benefits Contractor</b> —Find out if Medicare or your other insurance pays first, let Medicare know you have other insurance, or report changes in your insurance information.	1-800-999-1118. TTY 1-800-318-8782.
<b>Department of Defense</b> —Get information about TRICARE for Life and the TRICARE Pharmacy Program.	1-866-773-0404 (TFL). TTY 1-866-773-0405. 1-877-363-1303 (Pharmacy). TTY 1-877-540-6261. <a href="http://www.tricare.mil/mybenefit">www.tricare.mil/mybenefit</a>
<b>Department of Health and Human Services Office for Civil Rights</b> —If you think you were discriminated against or if your health information privacy rights were violated.	1-800-368-1019. TTY 1-800-537-7697. <a href="http://www.hhs.gov/ocr">www.hhs.gov/ocr</a>
<b>Department of Veterans Affairs</b> —If you're a veteran or have served in the U.S. military.	1-800-827-1000. TTY 1-800-829-4833. <a href="http://www.va.gov">www.va.gov</a>
<b>Office of Personnel Management</b> —Get information about the Federal Employee Health Benefits Program for current and retired federal employees.	1-888-767-6738. TTY 1-800-878-5707. <a href="http://www.opm.gov/insure">www.opm.gov/insure</a>
<b>Railroad Retirement Board (RRB)</b> —If you have benefits from the RRB, call them to change your address or name, check eligibility, enroll in Medicare, replace your Medicare card, or report a death.	1-877-772-5772. TTY 1-312-751-4701. <a href="http://www.rrb.gov">www.rrb.gov</a>
<b>Quality Improvement Organization (QIO)</b> —Ask questions or report a complaint about the quality of care for a Medicare-covered service or if you think Medicare coverage for your service is ending too soon.	Visit <a href="http://www.medicare.gov/contacts">www.medicare.gov/contacts</a> , or call 1-800-MEDICARE (1-800-633-4227) for your QIO's phone number. TTY users should call 1-877-486-2048.



This image shows a single sheet of white paper with horizontal blue or grey ruling lines, typical of notebook paper. The lines are evenly spaced and run across the width of the page. There is no handwriting or other markings on the paper.

# 4 Definitions

**Ambulatory surgical center**—A facility where simpler surgeries are performed for patients who aren't expected to need more than 24 hours of care.

**Appeal**—An appeal is the action you can take if you disagree with a coverage or payment decision made by Medicare, your Medicare health plan, or your Medicare Prescription Drug Plan. You can appeal if Medicare or your plan denies one of the following:

- Your request for a health care service, supply, or prescription that you think you should be able to get
- Your request for payment for health care or a prescription drug you already got
- Your request to change the amount you must pay for a prescription drug

You can also appeal if you're already getting coverage and Medicare or your plan stops paying.

**Assignment**—An agreement by your doctor, provider, or supplier to be paid directly by Medicare, to accept the payment amount Medicare approves for the service, and not to bill you for any more than the Medicare deductible and coinsurance.

**Benefit period**—The way that Original Medicare measures your use of hospital and skilled nursing facility (SNF) services. A benefit period begins the day you're admitted as an inpatient in a hospital or skilled nursing facility. The benefit period ends when you haven't received any inpatient hospital care (or skilled care in a SNF) for 60 days in a row. If you go into a hospital or a skilled nursing facility after one benefit period has ended, a new benefit period begins. You must pay the inpatient hospital deductible for each benefit period. There is no limit to the number of benefit periods.

**Claim**—A request for payment that you submit to Medicare or other health insurance when you get items and services that you think are covered.

**Coinsurance**—An amount you may be required to pay as your share of the cost for services after you pay any deductibles. Coinsurance is usually a percentage (for example, 20%).

**Copayment**—An amount you may be required to pay as your share of the cost for a medical service or supply, like a doctor's visit, hospital outpatient visit, or prescription. A copayment is usually a set amount, rather than a percentage. For example, you might pay \$10 or \$20 for a doctor's visit or prescription.

**Critical access hospital**—A small facility that provides outpatient services, as well as inpatient services on a limited basis, to people in rural areas.

**Deductible**—The amount you must pay for health care or prescriptions before Original Medicare, your prescription drug plan, or your other insurance begins to pay.

**Hospice**—A special way of caring for people who are terminally ill. Hospice care involves a team-oriented approach that addresses the medical, physical, social, emotional, and spiritual needs of the patient. Hospice also provides support to the patient's family or caregiver.

**Lifetime reserve days** — In Original Medicare, these are additional days that Medicare will pay for when you're in a hospital for more than 90 days. You have a total of 60 reserve days that can be used during your lifetime. For each lifetime reserve day, Medicare pays all covered costs except for a daily coinsurance.

**Medically necessary** —Services or supplies that are needed for the diagnosis or treatment of your medical condition and meet accepted standards of medical practice.

**Medicare-approved amount** —In Original Medicare, this is the amount a doctor or supplier that accepts assignment can be paid. It may be less than the actual amount a doctor or supplier charges. Medicare pays part of this amount and you're responsible for the difference.

**Medicare health plan**—A plan offered by a private company that contracts with Medicare to provide Part A and Part B benefits to people with Medicare who enroll in the plan. Medicare health plans include all Medicare Advantage Plans, Medicare Cost Plans, Demonstration/Pilot Programs, and Programs of All-inclusive Care for the Elderly (PACE).

**Medicare Part A (Hospital Insurance)**—Coverage for inpatient hospital stays, care in a skilled nursing facility, hospice care, and some home health care.

**Medicare Part B (Medical Insurance)** — Coverage for certain doctors' services, outpatient care, medical supplies, and preventive services.

**Medicare Prescription Drug Plan (Part D)—**

A stand-alone drug plan that adds prescription drug coverage to Original Medicare, some Medicare Cost Plans, some Medicare Private-Fee-for-Service Plans, and Medicare Medical Savings Account Plans. These plans are offered by insurance companies and other private companies approved by Medicare. Medicare Advantage Plans may also offer prescription drug coverage that follows the same rules as Medicare Prescription Drug Plans.

**Preventive services**—Health care to prevent illness or detect illness at an early stage, when treatment is likely to work best (for example, preventive services include Pap tests, flu shots, and screening mammograms).

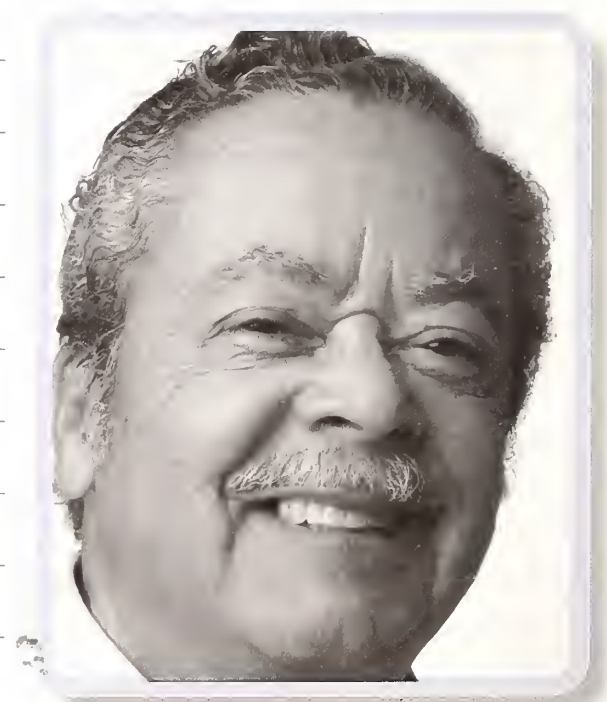
**Prodrug**—An oral form of a drug that when ingested breaks down into the same active ingredient found in the injectable form of the drug.

**Referral**—A written order from your primary care doctor for you to see a specialist or get certain medical services. In many Health Maintenance Organizations (HMOs), you need to get a referral before you can get medical care from anyone except your primary care doctor. If you don't get a referral first, the plan may not pay for the services.

**Religious Nonmedical Health Care Institution**

**(RNHCI)** —A facility that provides nonmedical health care items and services to people who need hospital or skilled nursing facility care, but for whom that care would be inconsistent with their religious beliefs.

Notes





## **Important Information about this guide**

The information, phone numbers, and websites in this guide were correct at the time of printing. Changes may occur after printing. To get the most up-to-date information and Medicare phone numbers, visit [www.medicare.gov](http://www.medicare.gov), or call 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048.

“Your Medicare Benefits” isn’t a legal document. Official Medicare Program legal guidance is contained in the relevant statutes, regulations, and rulings.

# U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES

## Centers for Medicare & Medicaid Services

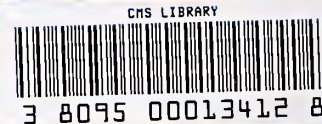
7500 Security Boulevard  
Baltimore, Maryland 21244-1850

Official Business

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Revised March 2013



### Your Medicare Benefits

- [www.medicare.gov](http://www.medicare.gov)
- 1-800-MEDICARE (1-800-633-4227)
- TTY: 1-877-486-2048

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